

JANUARY- FEBRUARY 2019

TEVET - SHEVAT - ADAR I -5779



The Newsletter of Kol HaEmek (Voice of the Valley)

P.O. Box 416, Redwood Valley, CA 95470 Phone # 707-468-4536

Please note: all submissions sent by the 20th of each month to Carol Rosenberg (carolrosenberg@pacific.net)

Coming Events

Friday, January 4, 6:30 pm, Shabbat Service with Rabbi SaraLeya, potluck supper to follow.*

Saturday, January 5, Torah study session, 10:00 a.m. with Rabbi SaraLeya.*

Wednesday, January 9, 10:30 a.m., next KHE Board meeting, at the Shul. (Note unusual time.) All are invited.

Sunday, January 20, Tu B'Shevat Seder, 3:30 pm led by visiting Rabbi Camille Angel, followed by potluck supper.

Sunday, January 27, 11:00 a.m., Annual Meeting and Board prepared-brunch----->

Friday, February 8, 6:30 pm, Home Service and potluck supper. Location to be announced.

Friday, February 22, 5:30 pm, Round-the-Table Shabbat Service led by visiting Teacher and Prayer Leader Mia Zimman, followed by potluck supper--family friendly!

Save these dates, too!

Thursday, March 20, 7:00 pm, a reading of the Book of Esther at the home of Carol Rosenberg, 501 Jones St., Ukiah, 463-8526. There will be Hamantaschen!

Friday, March 21, Round-the-Table Shabbat and celebration of Purim with music, a play, more Hamantaschen and a potluck supper. More information to follow!

**If the weather is difficult for driving (from Reno), Rabbi SaraLeya will come the following week, January 11&12*

Kol HaEmek's Annual Meeting and Special Event!!

beginning at 11:00 a.m.

This will be our annual traditional opportunity to meet newcomers to our community, recap the past year, share ideas, enjoy a meal together, and plan for the year ahead.

There will be a luncheon prepared by the Kol HaEmek Board, followed by planning for the coming year:

A Book Adoption Opportunity! Take home some of our duplicate library offerings.

KHE Tu B'Shevat Seder

Sunday, January 20, 2019 at 3:30 pm

We will celebrate our connection with trees, including eating the fruit they offer us.

The Seder will be conducted for all families and individuals by **visiting Rabbi Camille Angel** from San Francisco
Potluck supper to follow!

Holidays and Torah Readings

January 5 - Vaera

January 12 - Bo

January 19 - Beshalach

January 21 - Tu B'Shevat

January 26 - Yitro

February 2 - Mishpatim

February 9 - Terumah

February 16 - Tetzaveh

February 23 - KiTessa

February 18 - Erev Purim

February 19 - Purim Katan

February 20 - Shushan Purim

Opportunities for Tzedakah

Kol HaEmek (the Voice of the Valley) is funded by your member dues as well as your generous contributions to a **number** of funds including

- 1) Building Fund
- 2) Religious School Fund
- 3) Scholarship Fund
- 4) General Fund
- 5) Honoring and Remembrance Board
- 6) Tzedekah Fund
- 7) Rabbi's Discretionary Fund
- 8) The Marion and Sanford Frank Fund for feeding the hungry in Ukiah and Willits
- 9) Mazon - A Jewish Answer to Hunger

Call: David Koppel, 485-8910

send checks to:

Kol HaEmek, P.O. Box 416, Redwood Valley, CA 95470

We Remember

Mishi ben Yoshua Stern

Avraham ben Stern

Louis Fisher - January

Raymond Glickman - January

Lynn Teplitsky - January 15

Joseph Brooks-Miller - January 15

Jacob J. Borkan - January 16

Ken Holden - January 16

Tom Lowenstein - January 21

Arnold M. Kerr - January 30

Joshua Edelman - January 30

Steven Perlman - February

Robert Kraus - February

Louis H. Klayman - February

Hattie Glickman - February 4

Lola Sher - February 4

Rachel Faigin Bleicher - February 12

Lewis S. Rapport - February 15

Jucie Stern - February 15

Anita Koppel - February 17

Esther Daniel - February 19

Thomas Brooks-Miller - February 21

Tom Shine Mapp - February 22

Zena Marks - February 27

Donald Brooks-Miller - February 28

Jack Glickman - February 29

Paul Kowarsky - Tevet 26

Dori Anderson - Tevet 26

Martha Waldman Kowarsky - Adar 11

Ben Langton - Adar 16

Saul Faber - Adar 17

Rose Cohen - Adar 26

Paul Rothchild - Adar 29

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Donation to Kol HaEmek-Thank You

Donations for August, September and October

Bruce Andich and Cassandra Andich
Louisa Aronow and Sandy Turner
Ace Barash and Satuko Barash
Lucy Bayer
Lynne Coen and Charles Hott
Judith M. Coren
Isa Davila - High Holidays
Rachel Elkins and Dana Thibeau
Harvey Frankle and Jackie Pelner-Frankle
Steve Frenkel and Nan Bearden Frenkel
Judith Fuente and David Nelson - food program
Cassie Gibson and Chris Gibson
Dan Hibshman and Leslie Fitzpatrick
Jay Joseph and Jennifer Joseph
David Koppel and Linda Koppel
Nancy Bertsch and Ted Bertsch
Vicki Patterson
Elizabeth Raybee
Karen Rifkin
Norm Rosen and Karen Rosen
Susan Sher
Helen J. Sizemore
Laurie Spence and Dale Harrison
Penny Walker
Maralyn Lowenheim
Sally Emerson and Ally Arad
Marisa Sizemore and Alex Schultz
Joan Katzeff and Paul Katzeff
R. Bobby Ducharme and Michael Ducharme
Betty Lacy
Elise Wilkins
Sam Goldberg and Pat Tysoe
Josephine Silva
Divora Stern
Stephen Pasternak and Liesbeth Pasternak
Jo-ann Rosen
Carol D. Rosenberg
Leon Springer and Nancy Marotta Springer
Margo Frank and Marc Levine - High Holidays
Reid Edelman and Deborah Stanger Edelman

Steven Levin and Joan Levin
Leslie Feldman
Acorn Sunbeam
Susan Juster
Sherrie Ebyam
Leslie Batz
Robert Mandel and Carol Mandel
Ina Gordon and Edward P. Dick
Vergilia Dakin
Jaye Alison Moscariello and Bill
Taylor- High Holidays
Barbara Stanger and Leo Stanger
Vergilia Dakin
David Feig Pollin and Marlana Pollin
Valerie Veach and Randy Veach
Jason Wells - High Holidays
Rebel Allen Johnston - High Holidays
Martha Mazur-Lane and Boyd Lane

Donations for November

Nancy Horowitz Bertsch and Ted Bertsch
Andy Coren and Yvonne Coren
Judith A. Corwin
Ariana Elster
Margo Frank and Marc Levine
Judith Fuente and David Nelson - food program
Jay Joseph and Jennifer Joseph
David Koppel and Linda Koppel
Nancy Merling
Jean Morawski - In memory of Marlana River
Charlotte Rapport and David Rapport
Elizabeth Raybee
Leon Springer and Nancy Marotta Springer
Janae Kraus Stephens and Gary Stephens

TU B'SHEVAT

SEDER- THE BIRTHDAY OF THE TREES



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Children
are especially
Welcomed!

KHE Tu B'Shevav Seder

Sunday, January 20, 2019 at 3:30 pm

We will celebrate our connection with trees, including eating the fruit they offer us.

The Seder will be conducted for all families and individuals by visiting Rabbi Camille Angel from San Francisco potluck supper to follow!



**In honor of Tu B'Shevat -
Quotes from Jewish Literature!**

And it was evening and it was morning, the third day. When the Holy Blessed One created the original Adam, God took Adam around to all the trees in the Garden of Eden and said, "Observe how lovely and excellent my creation is, and everything that I created, I created for your sake: take heed not to damage or destroy my world, for if you do, there will be no one to repair it for you. (Gen1:1)

And Elohim said, Let the earth sprout forth vegetation: Plants that have seeds, and trees that have fruits with seeds of their own kind . . . And Elohim saw that this was good (Gen1:11)

And it is said of Hillel, that he did not omit to study words of the sages, even all the languages, even the speech of the mountains, hills and valleys, the speech of trees and herbs, the speech of wild beasts and cattle, the speech of melody and parable. (Soferim)

All of the trees, plants and spirits that dwell in nature conversed with one another. The spirit that lives in the trees and nature conversed with humankind, for all of the beings in nature were created for mutual companionship with humanity. (Gen. Rabbah 13:2)

Rabbi Yitzhak Eisik said,
The motto of life is "Give and Take"
Everyone must be both a giver and a receiver,
in living circle.
He is not both, he is a barren tree. (quoted in Martin Buber,
Tales of the Hasidim: Later Masters)

Kol HaEmek Board needs a new member!

No experience necessary--you will be warmly welcomed, with gratitude

This is your opportunity to become a KHE Board member and have your opinions on Shul management and Jewish life in Mendocino County heard and implemented!

For more information call Sherrie Ebyam
1-530-414-1104

All our wishes for complete healing to:

Laurie Spence
Lee Wacht
Andy Coren*

If you have the time, Andy needs a walking partner, call (707) 467-1875

Know Your Community

The following is an interview with Kol HaEmek member Louisa Aronow. If you would like to be featured here, please contact Susan Sher @ ssher@pacific.net



I was born in **Waltham, Massachusetts.**

I have lived in Mendocino County **about 30 years.** My favorite place in Mendocino County **right now is by the gate to our property at Emerald Earth in Anderson Valley from where we have a beautiful view of a meadow, forest and mountains. In this new home, I've arrived at my true self. I've achieved a level of contentment, similar to when I had babies but in a very different phase of my life.**

One of my fondest childhood memories is **catching frogs in a cranberry bog at Cape Cod.**

The historical figure I most identify with or admire is **Margaret Sanger because she dared to talk about birth control when it was a no-no, and she questioned whether women's purpose was something other than reproduction.**

This changed my life: **flunking out of college, which allowed me to do what I wanted to do (move to the country) instead of what I thought I should do (get a job in the health profession).**

Friends would describe me as **quirky, tending to be abrupt and saying things people don't expect.**

A talent I'd like to have is **to be a better song leader and play guitar better.**

I get the greatest joy from **walking on the 180 acres of my property with my dogs and goats. I love the relaxing, non-verbal communication I have with the goats, not knowing if they'll be obnoxious or funny, watching what they eat depending on the time of year, and their hoofs on the dirt road sounding like rainfall.**

Someone that has inspired me in my life is **my mom, who was so artistically creative, so loving to a broad spectrum of people, compassionate and got so much joy from music.**

I worry about **the future of my children and that of all young people who have grown up in a dysfunctional society and think that it's normal. The diseases that are the root of this dysfunction are overpopulation, greed and disconnection from the earth.**

I tried to raise my children to not be greedy and to stay connected to the earth. I question what people consider to be a life of "success" which usually implies achieving goals of material things, at a great cost to the environment. I hope that young people will find beauty and joy in the process of living in a more sustainable way.

If I could do something over, **I would have studied journalism in high school and photojournalism in college and would have worked in that field.**

My favorite writer of the moment is **Alice Walker. I just read *Possessing the Secret of Joy*, in which she made big issues so personal and wrote so honestly about such a difficult subject.**

My best parenting advice is **to be a parent and don't try to be a friend to your child; increase rights and responsibilities appropriate to ages, i.e, don't ask a 2-year-old what she wants to eat.**

Interview continues:

I want to **keep doing exactly what I'm doing right now – celebrating this move to Boonville, leaving our comfortable lives in a house all paid for and setting off on the kind of adventure retired people usually don't do.**

If I have learned one (or a few) thing(s) . . . **particularly from teaching at The City of Ten Thousand Buddhas – that everything changes, how so many life habits are cultural and the importance of patience.**

The most memorable trip I ever took was **to Chiapas, Mexico in 2001. I felt such a connection to the city of San Cristobal de las Casas. It was as though there was a crack in the sidewalk and all this energy came out of the earth. I could so deeply feel the astounding history, the grief and beauty of that place.**

I give back to my community by **sharing a lot of energy, fun and creativity when I was a school teacher. I've planted a lot of trees and shared my knowledge of gardening by being part of the Master Gardeners. I also want to thank the Kol HaEmek community for supporting me in my gardening adventures and giving me the space in which to plant things. It is such a satisfying feeling to see how the trees have grown and are making lots of oxygen. If I die tomorrow, it's ok because I've planted trees that are now big and healthy.**

I wish more Jews would **pressure the government of Israel to stop killing Palestinians and taking their land. For Jews, the most important lesson of the Holocaust is to stop genocide, not be the cause of more genocide.**

Something people would be surprised to know about me is **that I don't like raw kale salad. Actually much of my life would be surprising to others.**

Save the date more info to follow!

Kol HaEmek Purim Celebration

Friday Evening, March 21, at 5:30 pm

Around-the-table potluck Shabbat supper with blessings, followed by Hamantaschen

A Community play, music and dancing.

Children more than welcome--

plan to bring the whole family!



Kol HaEmek MCJC-Inland
P.O. Box 416,
Redwood Valley, CA 95470

Our purpose is to create an environment in which Jewish culture, religion and spiritual life can flourish, to perpetuate and renew our Jewish connections with ourselves and our homes, within our community and the world.

- To provide space for religious study and prayer.
- To share life cycle events through meaningful Jewish traditions
- and sponsor Jewish education for all ages
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- To be inclusive of all partnerships and family configurations
- To include interfaith families and Jews-by-choice
- To network with other Jewish communities
- To educate and share our culture with other Mendocino County residents
- To be a foundation for *Tikkun olam* (healing the world)
- as a community through socially just actions and and by Mitzvot)
- To offer to our membership in exchange for financial and
- other contributions and allow all to participate
- regardless of the ability to pay

Kol HaEmek Information & Resources

Board Members

Sherrie Ebyam - President	530-414-1104 < ebyam@sbcglobal.net >
David Koppel - Treasurer	485-8910 < davekoppel@yahoo.com >
Carol Rosenberg - Secretary	463-8526 < carolrosenberg@pacific.net >
Nancy Merling	456-0639 < nancymerling@att.net >
Barbara Stanger	234-3261 < aurnaenterprises@gmail.com >
Moses Sunbeam	228-9980 < mosessunbeam@gmail.com >
Karen Rifkin	391-9299 < karenrifkin@gmail.com >

Brit Mila: A doctor to call for to a referral to a Mohel - Robert Gitlin D.O. (465-7406),

Chevra Kadisha (Jewish Burial)) Helen Sizemore (367-0250)

Community support: Willits, Divora Stern (459-9052), Ukiah, Margo Frank (463-1834)

Interfaith Council: Cassie Gibson (468-5351)

Rabbinical Services/Special Ceremonies are available; send your e-mail request to Sherrie Ebyam